

# ■ ■ Adult Safeguarding Trainer — Knowledge Check Quiz

15 Multiple Choice Questions | Free Trainer Resource | [trainerresources.com](http://trainerresources.com)

**Instructions:** Circle or tick the correct answer for each question. This quiz covers key knowledge areas for the **Adult Safeguarding Trainer** course. Pass mark: 12/15 (80%). Answers are provided on the final page.

## **Q1. What is the primary legislation for adult safeguarding in England?**

- A) Care Act 2014
- B) Mental Health Act 1983
- C) Mental Capacity Act 2005
- D) Safeguarding Vulnerable Groups Act 2006

## **Q2. What are the 6 principles of adult safeguarding?**

- A) Empowerment, Prevention, Proportionality, Protection, Partnership, Accountability
- B) Safety, Dignity, Respect, Care, Protection, Accountability
- C) Empowerment, Safety, Dignity, Prevention, Partnership, Care
- D) Protection, Prevention, Proportionality, Partnership, Empowerment, Safety

## **Q3. What is a safeguarding adult review (SAR)?**

- A) A routine care review
- B) A review conducted when an adult with care needs dies or is seriously harmed due to abuse or neglect
- C) An annual inspection
- D) A financial audit

## **Q4. What does Making Safeguarding Personal mean?**

- A) Doing safeguarding to people
- B) Engaging with the adult to understand their wishes and outcomes
- C) Only involving family members
- D) Completing paperwork quickly

## **Q5. What is financial abuse?**

- A) Only theft
- B) Theft, fraud, exploitation, misuse of property, benefits or finances
- C) Borrowing money
- D) Overcharging for services

## **Q6. What is the Mental Capacity Act 2005?**

- A) A law about mental health treatment
- B) Legislation providing a framework for making decisions for people who lack mental capacity
- C) A law about dementia care
- D) Legislation about mental health detention

## **Q7. What is a Deprivation of Liberty Safeguard (DoLS)?**

- A) A prison sentence

- B) A legal framework to protect people who lack capacity and are deprived of their liberty in care settings
- C) A restriction on movement
- D) A court order

**Q8. What are the categories of abuse under the Care Act 2014?**

- A) Physical, Emotional, Sexual, Neglect only
- B) Physical, Sexual, Psychological, Financial, Neglect, Discriminatory, Organisational, Modern Slavery, Domestic Abuse, Self-neglect
- C) Physical, Mental, Financial, Neglect
- D) Abuse, Neglect, Exploitation only

**Q9. What is self-neglect?**

- A) A lifestyle choice that cannot be addressed
- B) Failure to care for one's own personal hygiene, health or surroundings — a category of abuse under Care Act 2014
- C) Only relevant for people with dementia
- D) Not a safeguarding concern

**Q10. What is organisational abuse?**

- A) Abuse by a single carer
- B) Neglect and poor care practice within an institution or care setting
- C) Financial mismanagement
- D) Abuse by family members

**Q11. What should you do if you suspect abuse?**

- A) Investigate yourself
- B) Report to your safeguarding lead/manager and follow your organisation's procedure
- C) Confront the alleged abuser
- D) Wait for more evidence

**Q12. What is modern slavery?**

- A) Historical slavery
- B) Trafficking, forced labour, domestic servitude and sexual exploitation
- C) Low paid work
- D) Unpaid internships

**Q13. What is the purpose of a Section 42 enquiry?**

- A) Financial assessment
- B) To determine whether abuse or neglect has occurred and what action to take
- C) Care planning
- D) Mental capacity assessment

**Q14. What is a multi-agency safeguarding hub (MASH)?**

- A) A single agency response
- B) A co-located team from multiple agencies to share information and make decisions about safeguarding
- C) A police unit
- D) A social care team only

**Q15. What does PREVENT mean in adult safeguarding?**

- A) Preventing all risks
  - B) Identifying and preventing abuse before it occurs through early intervention
  - C) Preventing hospital admissions
  - D) A government counter-terrorism strategy
- 

**Answer Key**

**Q1: A Q2: A Q3: B Q4: B Q5: B Q6: B Q7: B Q8: B Q9: B Q10: B Q11: B Q12: B Q13: B Q14: B Q15: B**

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