

Confined Space Trainer

Trainer Resource Handout
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About This Handout

This handout is designed for use by **Confined Space Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

Learning Outcomes

By the end of this course, delegates will be able to:

- Understand confined space legislation and regulations
- Identify confined space hazards and risk factors
- Implement safe systems of work for confined space entry
- Understand rescue planning and emergency procedures
- Deliver effective confined space training

Key Legislation & Standards

Core Knowledge — Confined Space Trainer

Practical Skills & Key Points

Key Facts to Remember

