

# Cyber Security Trainer

Trainer Resource Handout  
Free Resource | [trainerresources.com](https://trainerresources.com)

## About This Handout

This handout is designed for use by **Cyber Security Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

## Learning Outcomes

By the end of this course, delegates will be able to:

- Understand the cyber threat landscape
- Identify common attack methods including phishing and social engineering
- Apply best practices for password management and data protection
- Understand UK GDPR obligations
- Deliver effective cyber security awareness training

## Key Legislation & Standards



## Practical Skills & Key Points

---

### Key Facts to Remember

