

# FACE FIT TESTING TRAINING — KNOWLEDGE CHECK

8-Question Multiple Choice Quiz

## CIRCLE THE CORRECT ANSWER FOR EACH QUESTION

 Q1. What regulation requires face fit testing?

- A. Health and Safety at Work Act 1974
- B. COSHH Regulations 2002
- C. PUWER 1998
- D. Manual Handling Regulations 1992

 Q2. What is qualitative fit testing?

- A. Testing using an instrument to measure particle counts
- B. Testing using the wearer's sense of taste or smell
- C. Testing the RPE filter efficiency
- D. Testing the RPE for physical damage

 Q3. How long before a fit test must the wearer avoid eating?

- A. 1 hour
- B. 30 minutes
- C. 20 minutes
- D. 2 hours

 Q4. What does RPE stand for?

- A. Respiratory Protective Equipment
- B. Regulated Protection Equipment
- C. Respiratory Prevention Equipment
- D. Required Protective Equipment

 Q5. When must face fit testing be repeated?

- A. Every 5 years
- B. Every year
- C. Every 2 years or if face shape changes
- D. Only when the RPE is replaced

 Q6. What should happen if a worker fails a fit test?

- A. They must not work with respiratory hazards
- B. Try a different size, model or type of RPE
- C. Use a different type of PPE
- D. Repeat the test immediately

 Q7. What is quantitative fit testing?

- A. Testing using taste sensitivity
- B. Testing using an instrument to measure particle penetration
- C. A visual inspection of the RPE
- D. A pressure test of the seal

 Q8. What guidance document covers RPE selection and use?

- A. HSG65
- B. HSG53
- C. L8
- D. ACOP L21

Answer Key: Q1:B | Q2:B | Q3:C | Q4:A | Q5:C | Q6:B | Q7:B | Q8:B