

Fire Safety Instructor — Knowledge Check Quiz

15 Multiple Choice Questions | Free Trainer Resource | trainerresources.com

Instructions: Circle or tick the correct answer for each question. This quiz covers key knowledge areas for the **Fire Safety Instructor** course. Pass mark: 12/15 (80%). Answers are provided on the final page.

Q1. What are the three elements of the fire triangle?

- A) Heat, Fuel, Oxygen
- B) Smoke, Heat, Fuel
- C) Oxygen, Water, Fuel
- D) Heat, Air, Carbon

Q2. What class of fire involves flammable liquids?

- A) Class A
- B) Class B
- C) Class C
- D) Class D

Q3. Which extinguisher is suitable for electrical fires?

- A) Water
- B) Foam
- C) CO2
- D) Dry powder

Q4. What does RACE stand for in fire response?

- A) Remove, Alert, Contain, Extinguish/Evacuate
- B) Run, Alert, Call, Escape
- C) Rescue, Alarm, Contain, Evacuate
- D) Remove, Alarm, Confine, Extinguish

Q5. What colour is a CO2 fire extinguisher?

- A) Red with blue label
- B) Red with black label
- C) Red with cream label
- D) All red

Q6. What is a fire risk assessment?

- A) A drill procedure
- B) A systematic evaluation of fire hazards and risks
- C) A fire alarm test
- D) An insurance document

Q7. How often should fire extinguishers be serviced?

- A) Every 5 years
- B) Every 6 months
- C) Annually

D) Every 2 years

Q8. What is the purpose of a fire assembly point?

- A) To store fire equipment
- B) A designated safe meeting place after evacuation
- C) Where fire wardens meet
- D) Where the fire brigade reports to

Q9. Who is responsible for fire safety in a workplace?

- A) The fire brigade
- B) The employer/responsible person
- C) The employees only
- D) The local council

Q10. What is a fire warden's role?

- A) To fight fires
- B) To assist with evacuation and check areas are clear
- C) To call the fire brigade
- D) To maintain extinguishers

Q11. What does a fire risk assessment NOT include?

- A) Identifying fire hazards
- B) Evaluating risks
- C) Purchasing insurance
- D) Implementing control measures

Q12. What should you do if you discover a fire?

- A) Try to extinguish it first
- B) Raise the alarm immediately
- C) Call your manager first
- D) Wait to see if it spreads

Q13. What is the minimum width of a fire escape route?

- A) 500mm
- B) 750mm
- C) 1 metre
- D) 1.2 metres

Q14. How long should fire safety training records be kept?

- A) 1 year
- B) 3 years
- C) 5 years
- D) Indefinitely

Q15. What is passive fire protection?

- A) Fire extinguishers and alarms
- B) Structural elements like fire doors and compartmentation
- C) Staff training
- D) Sprinkler systems

Answer Key

Q1: A Q2: B Q3: C Q4: A Q5: B Q6: B Q7: C Q8: B Q9: B Q10: B Q11: C Q12: B Q13: B Q14: C Q15: B

Want to become a certified Fire Safety Instructor?

Accredited Train the Trainer courses from just £299 | <https://firesafetyinstructor.com> | abertaytraining.co.uk | ■ 0333

500 5000