



Key Legislation: **Health and Safety at Work Act 1974**

## KEY STATISTICS



**565,000**

Workers sustaining non-fatal workplace injuries in 2022/23



**£20.7 billion**

Annual cost of workplace injuries and ill health to GB



**35.2 million**

Working days lost due to work-related illness and injury



**1 in 5**

Workers not receiving adequate health and safety training

## LEARNING OBJECTIVES



Understand employer and employee duties under the Health and Safety at Work Act 1974



Conduct a risk assessment using the HSE 5-step process



Identify common workplace hazards and appropriate control measures



Understand the hierarchy of controls and how to apply it

## STEP-BY-STEP GUIDE

**1**

### Step 1

Identify the hazards — anything that could cause harm



**2**

### Step 2

Decide who might be harmed and how



**3**

### Step 3

Evaluate the risks and decide on precautions



**4**

### Step 4

Record your findings and implement them

