

## About This Handout

This handout is designed for use by **Health & Safety Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

## Learning Outcomes

By the end of this course, delegates will be able to:

- Understand key UK health and safety legislation
- Conduct a 5-step risk assessment
- Identify workplace hazards and implement control measures
- Understand employer and employee duties
- Deliver effective health and safety training

## Key Legislation & Standards



## Practical Skills & Key Points

---

### Key Facts to Remember

