

■ Infection Control Trainer — Knowledge

Check Quiz

15 Multiple Choice Questions | Free Trainer Resource | trainerresources.com

Instructions: Circle or tick the correct answer for each question. This quiz covers key knowledge areas for the **Infection Control Trainer** course. Pass mark: 12/15 (80%). Answers are provided on the final page.

Q1. What are the chain of infection links?

- A) Agent, Host, Environment
- B) Infectious agent, Reservoir, Portal of exit, Mode of transmission, Portal of entry, Susceptible host
- C) Bacteria, Virus, Fungi, Parasite
- D) Source, Spread, Susceptibility

Q2. What is the most effective way to prevent infection?

- A) Wearing gloves
- B) Handwashing
- C) Using antibiotics
- D) Wearing a mask

Q3. What does PPE stand for in infection control?

- A) Personal Protective Equipment
- B) Patient Protection Equipment
- C) Protective Prevention Equipment
- D) Personal Prevention Equipment

Q4. What is standard precaution?

- A) Only used for known infections
- B) Applied to all patients regardless of known infection status
- C) Used only in hospitals
- D) Applied only to blood contact

Q5. What is MRSA?

- A) A type of virus
- B) Methicillin-resistant *Staphylococcus aureus* — an antibiotic-resistant bacteria
- C) A fungal infection
- D) A parasitic infection

Q6. How long should clinical hand hygiene take?

- A) 10-15 seconds
- B) 15-20 seconds
- C) 40-60 seconds
- D) 2 minutes

Q7. What colour clinical waste bag is used for infectious waste?

- A) Black
- B) Yellow
- C) Blue

D) Red

Q8. What is the purpose of an isolation room?

- A) Patient privacy
- B) To prevent spread of infectious diseases
- C) For surgical procedures
- D) For patients with allergies

Q9. What does decontamination involve?

- A) Only cleaning
- B) Cleaning, disinfection and/or sterilisation
- C) Only sterilisation
- D) Only disinfection

Q10. What is the difference between cleaning and disinfection?

- A) They are the same
- B) Cleaning removes dirt; disinfection reduces microorganisms to safe levels
- C) Disinfection removes dirt; cleaning kills bacteria
- D) Cleaning kills all microorganisms

Q11. What is an HAI?

- A) A hospital-acquired infection
- B) A health and awareness initiative
- C) A hazardous area inspection
- D) A healthcare administration instruction

Q12. When should gloves be changed?

- A) Only when visibly soiled
- B) Between patients and tasks, and when torn
- C) Once per shift
- D) Only when handling bodily fluids

Q13. What is the correct order for donning PPE?

- A) Gloves, apron, mask, eye protection
- B) Apron, mask, eye protection, gloves
- C) Mask, apron, gloves, eye protection
- D) Eye protection, apron, mask, gloves

Q14. What is antimicrobial resistance?

- A) When antibiotics work better
- B) When microorganisms develop resistance to antimicrobial drugs
- C) When patients are immune to infection
- D) When cleaning products stop working

Q15. What is respiratory hygiene/cough etiquette?

- A) Coughing into your hands
- B) Covering mouth/nose when coughing, disposing of tissues, hand hygiene
- C) Wearing a mask at all times
- D) Staying away from others

Answer Key

Q1: B Q2: B Q3: A Q4: B Q5: B Q6: C Q7: B Q8: B Q9: B Q10: B Q11: A Q12: B Q13: B Q14: B Q15: B

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