



Key Legislation: **Health and Safety at Work Act 1974** | **Management of Health and Safety at Work Regulations 1999**

## KEY STATISTICS



**150,000**

Lone workers attacked at work in the UK each year



**40%**

Of workplace violence incidents involve lone



**£1.8 billion**

Annual cost of lone worker incidents to UK



**85%**

Reduction in incidents with proper lone worker

## LEARNING OBJECTIVES



Understand the legal requirements for managing lone workers



Conduct a risk assessment for lone working activities



Implement effective communication and monitoring systems for lone workers



Know how to respond in an emergency when working alone

## STEP-BY-STEP GUIDE

**1**

### Risk Assess

Identify specific hazards of lone working — violence, medical emergency, accident



**2**

### Communication Plan

Agree check-in times, methods and escalation procedures



**3**

### Emergency Procedures

Ensure lone worker knows emergency contacts and procedures



**4**

### Check-ins

Implement buddy system or supervisor check-in protocol

