

Lone Worker Safety Trainer

Trainer Resource Handout
Free Resource | trainerresources.com

About This Handout

This handout is designed for use by **Lone Worker Safety Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

Learning Outcomes

By the end of this course, delegates will be able to:

- Understand lone worker legislation and employer duties
- Conduct a lone worker risk assessment
- Implement effective monitoring and communication systems
- Apply dynamic risk assessment in lone working situations
- Deliver effective lone worker safety training

Key Legislation & Standards

Core Knowledge — Lone Worker Safety Trainer

Practical Skills & Key Points

Key Facts to Remember

