



Key Legislation: **Manual Handling Operations Regulations 1992 | Health and Safety at Work Act 1974**

KEY STATISTICS

 **80,000**
NHS staff injured through patient handling each year

 **£400 million**
Annual cost of patient handling injuries to the NHS

 **3.5 million**
Working days lost to patient handling injuries per year

 **70%**
Reduction in injuries with proper patient handling

LEARNING OBJECTIVES

 Understand the legal requirements for patient handling under the Manual Handling Operations Regulations 1992

 Conduct a TILE risk assessment for patient handling tasks

 Select and use appropriate patient handling equipment

 Apply safe patient handling techniques for a range of transfers

STEP-BY-STEP GUIDE

1 T — Task
Assess the handling task: nature, distance, height, frequency

2 I — Individual
Consider staff capabilities, health conditions, pregnancy

3 L — Load
Assess patient: weight, mobility, cooperation, medical conditions

4 E — Environment
Check space, floor surface, equipment availability, lighting

