



## KEY STATISTICS



**80,000**

NHS staff injured through patient handling each year



**£400 million**

Annual cost of patient handling injuries to the NHS



**3.5 million**

Working days lost to patient handling injuries per year



**70%**

Reduction in injuries with proper patient handling training

## STEP-BY-STEP GUIDE

1

### T — Task

Assess the handling task: nature, distance, height, frequency



2

### I — Individual

Consider staff capabilities, health conditions, pregnancy



3

### L — Load

Assess patient: weight, mobility, cooperation, medical conditions



4

### E — Environment

Check space, floor surface, equipment availability, lighting

