



Name: _____ Date: _____ Score: ____ / 8

CIRCLE THE CORRECT ANSWER FOR EACH QUESTION**Q1. What is the TILE framework used for in patient handling?**

- A. A type of patient transfer technique
- B. A risk assessment framework: Task, Individual, Load, Environment
- C. A training qualification
- D. A type of patient handling equipment

Q2. What is the first principle of patient handling?

- A. Always use a hoist
- B. Assess the patient's ability to assist before planning the move
- C. Never move a patient without two staff
- D. Always use slide sheets

Q3. What should you do before using a hoist?

- A. Use it immediately — hoists are always safe
- B. Check the hoist, sling and safe working load before each use
- C. Only check it weekly
- D. Ask a colleague to check it

Q4. What is a 'safe working load' (SWL)?

- A. The maximum weight a piece of equipment can safely handle
- B. The recommended weight for a single person to lift
- C. The weight of the patient
- D. The weight of the equipment

Q5. What should you do if a patient falls during a transfer?

- A. Try to catch them
- B. Lower them to the floor safely, call for assistance and do not attempt to lift them alone
- C. Lift them up immediately
- D. Leave them on the floor and call a doctor

Q6. What is the purpose of slide sheets?

- A. To lift patients
- B. To reduce friction and enable easier repositioning of patients in bed
- C. To prevent pressure sores
- D. To measure patient weight

Q7. How should staff communicate during a patient transfer?

- A. Silently to avoid disturbing the patient
- B. One person leads and gives clear verbal commands — all staff follow the same leader
- C. Each person acts independently
- D. Using hand signals only

Q8. What is a 'banana board' or transfer board?

- A. A type of stretcher
- B. A rigid board used to bridge the gap between two surfaces for seated transfers
- C. A type of slide sheet
- D. A patient weighing device

Answer Key (Trainer Use Only): Q1:B Q2:B Q3:B Q4:A
 Q5:B Q6:B Q7:B Q8:B