



Key Legislation: **Manual Handling Operations Regulations 1992 | Health and Safety at Work Act 1974**

KEY STATISTICS



80,000

NHS staff injured through patient handling each



£400 million

Annual cost of patient handling injuries to the NHS



3.5 million





Working days lost to patient handling injuries per



70%

Reduction in injuries with proper patient handling

LEARNING OBJECTIVES

-  Understand the legal requirements for patient handling under the Manual Handling Operations Regulations 1992
-  Conduct a TILE risk assessment for patient handling tasks
-  Select and use appropriate patient handling equipment
-  Apply safe patient handling techniques for a range of transfers

STEP-BY-STEP GUIDE

- 1 T — Task**
Assess the handling task: nature, distance, height, frequency
- 2 I — Individual**
Consider staff capabilities, health conditions, pregnancy
- 3 L — Load**
Assess patient: weight, mobility, cooperation, medical conditions
- 4 E — Environment**
Check space, floor surface, equipment availability, lighting

