

## About This Handout

This handout is designed for use by **PMVA Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

## Learning Outcomes

By the end of this course, delegates will be able to:

- Understand the legal and ethical framework for PMVA
- Apply de-escalation techniques effectively
- Use breakaway techniques safely
- Understand restrictive interventions and their risks
- Deliver effective PMVA training

## Key Legislation & Standards



## Practical Skills & Key Points

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### Key Facts to Remember

