

Suicide Prevention Trainer

Trainer Resource Handout
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About This Handout

This handout is designed for use by **Suicide Prevention Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

Learning Outcomes

By the end of this course, delegates will be able to:

- Understand suicide risk factors and warning signs
- Confidently ask about suicidal thoughts
- Apply a structured intervention framework
- Develop safety and crisis plans
- Deliver effective suicide prevention training

Key Legislation & Standards

Core Knowledge — Suicide Prevention Trainer

Practical Skills & Key Points

Key Facts to Remember

