

Working at Heights Trainer

Trainer Resource Handout
Free Resource | trainerresources.com

About This Handout

This handout is designed for use by **Working at Heights Trainers** as a delegate resource. It covers the key knowledge areas, legislation, and practical skills required for the course. Delegates may retain this handout for future reference.

Learning Outcomes

By the end of this course, delegates will be able to:

- Understand working at height legislation and regulations
- Apply the hierarchy of control for working at height
- Select and inspect appropriate access equipment
- Use fall protection equipment correctly
- Deliver effective working at heights training

Key Legislation & Standards

Core Knowledge — Working at Heights Trainer

Practical Skills & Key Points

Key Facts to Remember

